



ESL Virtual Learning

Study Skills

May 15th, 2020

Lesson: May 15, 2020

Objectives:

1. Students will focus on ending the year with passing grades.
2. Students will contract their teachers for help.
3. Students will understand the importance of working on their mental health

Study Skills E-LEARNING Friday, May 15th, 2020





Feel Good Friday!

Continue to do what you have been doing to get the best grade for 2nd Semester.



- **Use rewards with goal setting**
- **Don't do your goal alone**
- **Prom 2020: Some Good News with John Krasinski Ep. 4**



Use rewards

- ★ Promise yourself some sort of reward each time you complete a step/task in your goal.

Don't do your goal alone

- ★ Find a friend, teacher or someone you can share the experience with.
- ★ Other people's encouragement to keep going can be a big boost to your motivation, particularly when what you're doing it tough.

Feel Good Friday Laughter is the Best Medicine

Some Good News with John Krasinski Ep. 4





A Weekly Check In! If you have not done so, I would like you to take this weekly survey letting us know how you are doing.



Things to Remember

- Contact your teachers, tell them hello. We miss you!
- There is still time to improve your grades for 2nd semester.
- You can still get a Chromebook at Truman High School. Go to the school from 11:45a.m. to 12:45p.m. Your parent needs to go to sign a waiver.
- Go to this link that was shared in an email by Dr. Herl to get free WiFi. <https://corporate.comcast.com/covid-19>
- Here is a [Spanish video](#) on how you can use your cell phone as a HOT SPOT. Please share this with all the other ESL students.

**This ends another week. I hope it was
a great week for you. Don't forget
teachers are available to help you.
You need to email us.
Have a great weekend and see you on
Monday.
Make someone laugh this weekend!!**

Mrs. Lamas

